

**For a Quick Pick-up Luncheon** try that most delicious, nourishing, whole wheat food, **Triscuit**, the shredded wheat wafer-toast. It contains all the body-building material in the whole wheat grain, including the bran-coat which promotes healthful and natural bowel movement. It is real whole wheat bread without yeast, baking powder or chemicals of any kind—an ideal food for children because it compels thorough mastication and insures perfect digestion. A crisp, tasty "snack" for picnics or excursions. Toast in the oven and serve with butter or soft cheese. Made at Niagara Falls, N. Y.

**TESTED RECIPES**

**Tomato Butter**  
Use in the proportion of seven pounds of tomatoes, peeled and sliced, to three pounds of sugar, a pint of good elder vinegar and an ounce each of cinnamon and whole cloves. Boil for three hours, and when it begins to settle, stir it constantly. It will keep without sealing.

**Strawberry Mousse.**  
One pint preserved strawberries, one and one-half cups rich milk, one cup heavy cream. Rub the berries through a sieve and add the milk. Fold this mixture into the cream, which should be whipped stiff, and pour into a mold. Cover lightly and bury in equal parts of ice and salt for four hours. This is not a genuine mousse, which is a much richer and smoother ice, but is a most satisfactory substitute.

**Children Cry FOR FLETCHER'S CASTORIA**

The climate of Oklahoma is lovely, but let us not forget that if we neglect our public roads the wind will blow them away before we can pay for them.

**Combing Won't Rid Hair of Dandruff**

The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid ammonia, apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips. Do this tonight, and by morning, most if not all of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

**TUNE YOUR PIANO By Reliable Tuners Knauss Music Store Phone 362**

**THE BOSTON MEAT MARKET F. E. KNOWLES, Proprietor.**

The Leading Market in the City and Still Growing.  
We kill our own Cattle and Hogs and they are inspected by the State Inspector before being slaughtered. We handle only the best.  
We make our own Sausage and Hamburger. Ground daily. We also make our Bologna and Wienerwurst. We keep a nice assortment of Cold Meats for lunch.

Fresh Boiled Meat at 11 A. M. daily.

Fresh Fish on Fridays.

Watermelons on Ice.

Our goods are right. Our prices are right and we'll treat you right.

122 E. Oklahoma Ave. Phone 684.

**Notes and Personals of Society**

Lenore Burke. Phone 245.

**DAILY THOUGHT.**

Heaven from all creatures hides the book of Fate,  
All but the page prescribed their present state;  
From brutes who men, from men what spirits know,  
Or who could suffer being here below?

An Essay on Man.  
—Alexander Pope.

**CALENDAR.**

**Wednesday**  
Missionary Society, Presbyterian Church—Mrs. H. L. Miller.  
West Side M. E. Home Missionary Society—At the Church.  
Christian Church, Guild, Co. I—Mrs. L. D. Harrison, Co. S—Mrs. G. C. Wille.

**Thursday**  
Amelia Club—Mrs. Del. Arrowood.  
Altar Society—Mrs. H. F. Knebel.  
Patrons Club—Carnegie Library.  
Clover Leaf Club—Mrs. Nettie Smith.

**Friday**  
High Links Club—Miss George West.

**Saturday**  
Phi Delta Gamma Club—Miss Virgil Taylor.  
Mooney Mooney Club—Mrs. F. L. Brown.  
Woman's Auxiliary—City Hall.

**The Taming of the Shrew.**

The Taming of the Shrew is the comedy which responds the study of the Shakespeare club after a vacation of three months. The first meeting was held yesterday at the Carnegie library and Mrs. J. J. Abell was elected one year president in the absence of Mrs. J. J. Abell. The source of the plot on the of action and date of completion of the play were discussed. Mrs. D. D. Dusklin presented outline of the story from the Taming of Shakespeare by Charles Lamb. The induction and first act of the play were read. The members of the club are: Miss J. J. Abell, N. M. Carter, R. L. Davis, R. N. Dunham, D. D. Dusklin, O. R. Egan, D. L. George, Fred Green, W. H. Heer, Mary Hart, A. A. Hair, P. E. Cramin, Harold Welch, C. S. Olson, Maurice O'Rourke, J. E. Payman, G. G. Payne, R. E. Porter, John Remy, Tom Welch, J. W. Worsted, Misses Adler, Burke and Nell Morris.

**Dancing Party.**

Complimentary to the Misses Adelaide Lutz, Gladys Finken and Flora Adler, a dancing party was given in the Hotel Ionia ballroom Tuesday evening with Messrs. Bruce Stiles, Frank Routh and Francis Burke as hosts. Adler's orchestra furnished music for a program of twenty dances. Mrs. J. O. Lutz, Mrs. F. E. Cramin and Mr. and Mrs. J. O. Burke were chaperones and the dancers numbered thirty. Miss Adelaide and Master Charles Lutz leave early tomorrow morning for Bolton, Mass., where she will enter Dana Hall and Charles will enroll at Milton Academy.

Mrs. H. D. McKnight left today for New York City to visit her daughter, Mrs. Claude Nankivel. Mr. and Mrs. Nankivel leave the first of November for Russia, where he has established headquarters and furnishes supplies for their soldiers.

**Postponed.**  
There will be no meeting of the D. M. Club this week.

Miss Virgil Taylor has been Miss Catherine Vitz in O. City.

**Hostess to P. E. O. Chapter.**  
Mrs. M. J. Armandron was Tuesday to the P. E. O. chapter first meeting of the fall season. Regular program was omitted and call was answered with experience and current events during the social hour. Mrs. H. R. sang several beautiful selections. The hostess served light refreshments. The chapter has arranged for a sunshine box to bring cheer to invalids. The gift day for the box will be Tuesday.

**Hair On Limbs DeMiracle**

Removes such growths just as efficiently as from face, neck, arms and under arms.

**Boys' Knickerbocker Suits**

Price \$2.45, \$2.95, \$3.50, \$4.50, \$5.00, \$6.00, \$7.50, \$8.50, \$10.00

These values are much better than you will find elsewhere. It is because of early cash buying that it is possible for us to offer such fabrics and such values at these prices. Not only have we procured extra fine fabrics, but you will find our standardized tailoring requirements that makes for unusual durability and service. Here you will find the smartest Norfolk, Pinch-back and Patch Pocket models in all the most classy patterns and materials. All sizes from 6 to 18 years. You will pay more if you buy the boys' suits before you come in and examine our handsome suits and exceptional values.

Remember: If on getting home with any purchase made at our store you are not satisfied you can return the goods to us. We'll give your money back.

**ABELL'S**  
WE SELL GOOD CLOTHING CHEAPER THAN ANY HOUSE IN OKLAHOMA.

day, Oct. 10th, at the home of Mrs. H. C. Case. The members present were: Mrs. Ralph Davis, Mrs. Case, Mrs. Earl Hopkins, Mrs. Walter Humphrey, Mrs. J. R. Watkins and Mrs. L. A. Hahn, and Mrs. Maurice Kroeger was in for the social hour as a special guest.

Mr. and Mrs. J. A. Dooley of Nashville, Tenn., leave tomorrow night after a visit with their parents. Mr. and Mrs. Silas W. Dooley. Tonight, Mrs. M. G. Kendall and little son, of Chicago, arrive for a month's visit with Mr. and Mrs. Dooley, and with her sister, Mrs. Robert A. Hallenbeck.

**Reception For Faculty.**

Tonight at the high school there will be a reception for the faculty and new students, given by the old students.

**FOLEY CATHARTIC TABLETS**

Get Stomach Sweet—Liver Active—Bowel Regular

**WHY WOMEN WRITE LETTERS**

To Lydia E. Pinkham Medicine Co.

Women who are well often ask "Are the letters which the Lydia E. Pinkham Medicine Co. are continually publishing, genuine?" "Are they truthful?" "Why do women write such letters?" In answer we say that never have we published a fictitious letter or name. Never, knowingly, have we published an untruthful letter, or one without the full and written consent of the woman who wrote it. The reason that thousands of women from all parts of the country write such grateful letters to the Lydia E. Pinkham Medicine Co. is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives, once burdened with pain and suffering. It has relieved women from some of the worst forms of female ills, from displacements, inflammation, ulceration, irregularities, nervousness, weakness, stomach troubles and from the blues. It is impossible for any woman who is well and who has never suffered to realize how these poor, suffering women feel when restored to health; their keen desire to help other women who are suffering as they did.

Tulsa has several cases of infantile paralysis and the picture shows have been closed and all cases are under quarantine. Here's a boost for religion: "I have my first family prayer" man to

**WITH PRICES HIGHER SHOES DESERVE CARE**

INITIAL INVESTMENT IN SHOE TREE WILL SOON PAY FOR ITSELF; HEAT DRIES OUT OIL

These are the days when the woman who would be well-shod pays more attention than ever before to the care of her footwear, which by leaps and bounds is mounting in price. Shoe trees are a necessity. The initial investment is small for practical ones may be purchased for 50c and less a pair. These should be slipped into the shoes whenever footwear, whether shoes or slippers, is not in use.

But the care does not end there. A woman should make it a rule to not wear street shoes in the house. She will not only find it more comfortable for her feet to change her shoes on coming in from the street, but it is more hygienic, and certainly she feels better dressed for the attention to this detail.

But right here a word of admonition: Do not get into the shiftless habit of keeping half-worn, run-over-at-the-heel shoes and slippers to wear in the house. If the shoes can not be made presentable by means of new heels, cast them aside. ill-fitting shoes are bad for the feet, and besides that they mar the entire costume. Better economy by far is to buy a pair of fancy slippers, which fit well, and keep them solely for house use. But to return to the special care of the slippers or shoes. Brush them off before putting them away and, if possible, keep them in a closet free from exposure to dust. Shoe bags are useful, but they are not nearly so practical as a shoe shelf or closet.

If shoes are damp, do not dry them quickly near a fire. Undue heat will dry out both the natural and artificial oil from the leather and leave it hard and more susceptible to cracking. It is not a bad plan to wipe off shoes occasionally with an oily rag. This will be a great help in keeping the leather pliable.—L. D.

**Children Cry FOR FLETCHER'S CASTORIA**

**PERSONAL AND LOCAL**

A. M. Fowler of Wewoka, is a guest in the city today.

Mr. and Mrs. E. L. Conneway were in Orlando, Tuesday.

O. Layne is here from Heaven, looking after all lease interests.

J. G. Admire, editor of the Drumright Derrick, is in Guthrie visiting friends.

N. J. Kline and E. J. Skidmore of Drumright, are guests of the home today.

J. S. McFadden is here from Stillwater looking after real estate business.

Mrs. J. W. Wyker at Ponca City, is in the city visiting her father, Judge W. B. Herold.

J. D. Van Hooser and family motored to Oklahoma City to take in the fair today.

J. Ernie Jones and family motored to Oklahoma City early this morning to take in the fair.

Mr. and Mrs. Walter Chesnut and son Wayne took an I. U. car to Oklahoma City this morning.

Z. W. Hoge of Carmon, who has been visiting his brother F. J. Hoge on west Cleveland left for his home this morning.

Mr. and Mrs. L. E. Dole of Ardmore, are here the guests of the home for a few days while taking the mineral water baths.

Henry S. Johnston well known attorney, is here from Perry looking after legal matters in the federal court and before the United States land office. Johnston has the reputation of being the best land lawyer in the state.

**FOLEY KIDNEY PILLS**

FOR BACKACHE, KIDNEYS AND BLADDER

A Versatile Farmer.  
Osage county has a young farmer who is licensed to practice law and to teach. He is a stenographer, sings well, plays the piano and knows about stationary and motor engines. It is reported by the county agent for the Osage, M. T. Mandlin, that this farmer is succeeding at the farm, despite the many vocations and avocations that he has annexed.

**A Distinctive Reason**

What is the chief reason for the superiority of Dr. Price's Cream Baking Powder? There are several good reasons, but there is one which distinguishes Dr. Price's from other baking powders.

This reason, which every woman should know, is that Dr. Price's Baking Powder is made from cream of tartar, which comes from grapes. This means a healthful fruit origin. It means natural food as distinguished from mineral substitutes used in other baking powders.

There is no alum nor phosphate in

**DR. PRICE'S CREAM BAKING POWDER**

MADE FROM CREAM OF TARTAR DERIVED FROM GRAPES

John E. H. Lowe to Louisa E. Lowe and D. L. Lowe, \$1, love and affection, wd. lots 7 & 8 and 9 Block 64, Guthrie Proper.

Seavilla M. Lackey to Henry Zella N. \$1,000, wd. lots 11 and 12, Block 8, Langston.

Juanita J. Suddler to Elizabeth M. \$10, wd. lot 18, Block 28, Meridian.

Del Smith to Frank McWherry, \$2,000, wd. 1/2 NW 1/4 2 16 2 W.

Alto, M. Houston to Juanita Grace Lutz, \$2,000, wd. lots 16 and 17, Block 29, East Guthrie.

Sina M. Bonner to Albert H. Harman, \$1,000, wd. lots 4, 5 and 6, Block 18, Mulhall.

John H. Barford et ux to J. E. Payman, \$3,500, wd. lots 20 and 21, Block 47, East Guthrie.

A. D. Adams et ux to Elizabeth and Mary Lewis, \$1,000, wd. lots 18, Block 26, Capital Hill.

M. G. Blackwell and Gabriel Blackwell to Jesse Brower, \$1,000, E 3/4 SW 1/4 14 28 15 1W.

Jacob E. Samllan to Anna Prong, \$1,000, 1/4 NW 1/4 14 25 15 1W.

A good dressing for fruit salad is made of a cup of whipped cream with two tablespoons of French dressing added to it.

It is a wise precaution to put a quantity of sand in the bottom of a very tall vase. This will prevent its toppling over.

When making jellied soup from broth, remember that the broth should be strong, well seasoned and cleared with white of egg.

Whenever the rubbers on cans of fruit "bulge," they should be removed, the jar of fruit sterilized and fresh rubbers put on.

A good soft icing is made with two cups of granulated sugar and three-fourths of a cup of sweet milk. Boil nine minutes; cool, heat and flavor.

**Interesting and True**

People are always reading about these clothes.

The makers advertise them nationally. We advertise them locally. The manufacturers of

**Styleplus \$17**

Clothes

"The same price the nation over."

have caught the spirit of the times. These clothiers recognize the fact that men want style no matter what price they pay.

By centering a great volume on a suit and overcoat of one price the nation over, they have found it possible to employ one of the great fashion artists, to give all wool fabrics, expert tailoring, plus guaranteed satisfaction for the nominal price \$17.

This is a clothing achievement. And the wonder is that the price can remain at \$17 in face of existing conditions.

We have a big assortment of special models and fabrics for young men.

Other Fall Suits, \$10. to \$20.

**Gardner & Soehl**